

Community Broadcasting Suicide Prevention Project

May 2021

Track	Topic
1	<p>We speak with the team at Mindframe about the work they're doing to encourage responsible, accurate and sensitive representation of suicide, mental ill-health, and alcohol and other drugs in the Australian media.</p> <p>DUR: 1:25</p> <p>FW: "The Mindframe National Media Initiative aims to encourage responsible, accurate and sensitive representation of suicide, mental ill-health, and alcohol and other drugs in the Australian mass media..."</p> <p>LW: "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>
2	<p>We profile Family Man, a program Movember has created with dads in mind to provide them with simple, yet effective, tools for mastering the art of parenting.</p> <p>DUR: 1:32</p> <p>FW: "Dads are a major part of many families, but don't always have the tools to complete parenting programs..."</p> <p>LW: "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>
3	<p>We profile MATES, a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries.</p> <p>DUR: 1:17</p> <p>FW: "MATES is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries..."</p> <p>LW: "The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health."</p>

4	<p>SANE Australia CEO Rachel Green explains how stigma impacts on people affected by complex mental health issues, their families, and other carers.</p> <p>DUR: 1:29</p> <p>FW: “Have you ever been upset or offended by the way the media is portraying mental illness, or believed that what they were saying was inaccurate...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
5	<p>We look at the work being done by the Zero Suicide Institute of Australasia to lead the development of the Zero Suicide Healthcare and Crisis Now frameworks in our region, focusing on reducing suicides and improving care for those who choose to seek help.</p> <p>DUR: 2:00</p> <p>FW: “The Zero Suicide Institute of Australasia is leading the development of the Zero Suicide Healthcare and Crisis Now frameworks in our region...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
6	<p>Dr Elizabeth Paton tells us about the support and guidance Mindframe offers to media around Australia and explains why safe media reporting, portrayal and communication about suicide, mental ill-health and alcohol and other drugs is so important.</p> <p>DUR: 1:45</p> <p>FW: “The Mindframe National Media Initiative aims to encourage responsible, accurate and sensitive representation of suicide, mental ill-health, and alcohol and other drugs in the Australian mass media...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
7	<p>We take a look at the second series of the podcast A World Where LivingWorks, which focuses on different communities and cultures around the world to try to better understand the concept of suicide and its prevention in their context.</p> <p>DUR: 2:03</p> <p>FW: “Suicide can be prevented, and everyone has a role to play. Life-saving skills can be learned by individuals, businesses, and communities everywhere...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>

8	<p>We caught up with Suzanne Desailly from MATES in Mining and Energy to find out how they work at a practical level to prevent suicide in workplaces around Australia.</p> <p>DUR: 2:02</p> <p>FW: “MATES is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
9	<p>We hear about why Movember created Family Man, a program that provides dads with simple, yet effective, tools for mastering the art of parenting.</p> <p>DUR: 1:34</p> <p>FW: “Dads are a major part of many families, but don’t always have the tools to complete parenting programs...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
10	<p>A World Where LivingWorks podcast host Kim Borrowdale explains why it’s important that we ensure conversations around suicide prevention include engagement with, and input from, diverse communities and cultures.</p> <p>DUR: 1:51</p> <p>FW: “Suicide can be prevented, and everyone has a role to play. Life-saving skills can be learned by individuals, businesses, and communities everywhere...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
11	<p>SANE Australia CEO Rachel Green explains why addressing stigma in the media relating to people affected by complex mental health issues is so important.</p> <p>DUR: 1:47</p> <p>FW: “Have you ever been upset or offended by the way the media is portraying mental illness or suicide, or believed that what they were saying was inaccurate...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
12	<p>We hear how workers are responding to the training and support they receive through the MATES program, which aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries.</p> <p>DUR: 1:33</p> <p>FW: “MATES is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>

13	<p>Zero Suicide Institute of Australasia Managing Director Sue Murray tells us about Zero Suicide Healthcare, and why a framework of this kind is so important for us to have in our healthcare system.</p> <p>DUR: 2:06</p> <p>FW: “The Zero Suicide Institute of Australasia is leading the development of the Zero Suicide Healthcare and Crisis Now frameworks in our region...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
14	<p>We find out more about the support and guidance Mindframe offers to media around Australia, including the range of resources media can access.</p> <p>DUR: 1:42</p> <p>FW: “The Mindframe National Media Initiative aims to encourage responsible, accurate and sensitive representation of suicide, mental ill-health, and alcohol and other drugs in the Australian mass media...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
15	<p>We find out about the role the SANE StigmaWatch program plays in promoting responsible reporting of mental ill health and suicide in the Australian media.</p> <p>DUR: 1:41</p> <p>FW: “Have you ever been upset or offended by the way the media is portraying mental illness or suicide, or believed that what they were saying was inaccurate...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
16	<p>A World Where LivingWorks podcast host Kim Borrowdale highlights the role we can all play in suicide prevention through learning new skills and gaining a better understanding of how we can make a difference.</p> <p>DUR: 1:52</p> <p>FW: “Suicide can be prevented, and everyone has a role to play. Life-saving skills can be learned by individuals, businesses, and communities everywhere...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
17	<p>Suzanne Desailly from MATES in Mining and Energy explains how the suicide prevention and mental health awareness skills workers learn onsite during MATES training also transfer into their lives outside of work.</p> <p>DUR: 1:22</p> <p>FW: “MATES is a program that aims to deliver better mental health and wellbeing outcomes for workers in the building, construction, mining and energy industries...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>

18	<p>We find out who should check out Family Man, a program Movember has created with dads in mind to provide them with simple, yet effective, tools for mastering the art of parenting.</p> <p>DUR: 1:16</p> <p>FW: “Dads are a major part of many families, but don’t always have the tools to complete parenting programs...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
19	<p>We catch up with Dr Elizabeth Paton to find out about the support and guidance Mindframe offers to media around Australia, including the training they provide.</p> <p>DUR: 1:53</p> <p>FW: “The Mindframe National Media Initiative aims to encourage responsible, accurate and sensitive representation of suicide, mental ill-health, and alcohol and other drugs in the Australian mass media...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>
20	<p>We find out about the SANE Australia Spotlight on Bipolar Disorder resource, which provides information about bipolar disorder and personal stories of living with bipolar.</p> <p>DUR: 1:14</p> <p>FW: “Did you know 1.3% of Australians are living with bipolar disorder? So it’s important that we learn more about, and reduce stigma for, people with this diagnosis...”</p> <p>LW: “The Community Radio Suicide Prevention Project is produced with the support of the Australian Government Department of Health.”</p>